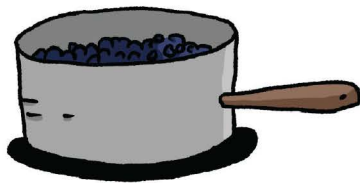


NOTE: Always make sure you have adult supervision when cooking.

# PASHIMINEU, or blueberry paste.

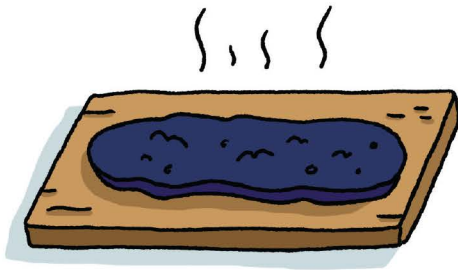
This is a good way to preserve their vitamins during the long winters.



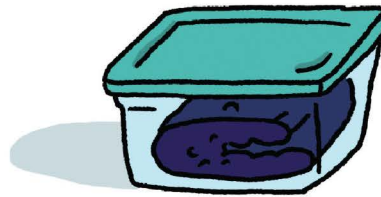
I put the blueberries in a saucepan, without water, over low heat.



I cook them until the liquid in the blueberries has evaporated, stirring often.



When it has become a paste, I let it cool.



I put it in an airtight container. The paste keeps for a long time!

